



February 9th to 16th 2019



¡Viva Canada - Viva México!











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WELCOME TO THE FIRST ROTARY FRIENDSHIP EXCHANGE RID 7080- RID 4130

VIVA CANADA- VIVA MÉXICO

Dear friend in Rotary:

It is for us, the organizing team of the 1ST Rotary Friendship Exchange RID 7080 –RID 4130, a great pleasure to receive and welcome you to this wonderful experience of friendship, fraternity, world service and peace. We strongly believe that world peace and understanding is possible and we are very grateful that you accepted our invitation in order to foster the closer relationship between our districts.

These wonderful days that we will spend together will be of great intensity and big moments to share, but above all, of great love for people.

Come and live this amazing Mexican Adventure!

BE THE INSPIRATION!

Truly yours in Rotary,

D4130 - DG Abbas Rahimzadeh











February 09 Saturday		
Afternoon	Reception for foreign friends RID 7080 at the Airport "Mariano Escobedo" of the city of Monterrey. OFFICIAL WELCOMING PHOTO and transportation to the Rotarian homes.	
Free Night	Optional: Mexican Dinner with Rotarian hosts.	
February 10 Sunday		
8:30 Hrs.	Breakfast at Rotarian home in San Francisco and officially welcome to our friends RFE D 7080 team.	
10:30 Hrs.	Visit to the Magic Town of Santiago	
14:00 Hrs.	Lunch at DG Abbas and distinguished wife Veva's home (Valentine's party)	
FREE NIGHT	Optional: City lights and night life tour.	
February 11 Monday		
9:30 Hrs.	Breakfast at Rotary host's homes. Walk around Macroplaza, Government Plaza, Metropolitan Cathedral	
12:30 Hrs.	Mexican Cooking class: "Chiles en Nogada" at our host's home PDG Paco. The class will be given by his distinguished wife Consuelo.	
17::00 Hrs.	Visit to Cervecería Cuauhtémoc. Famous Brewing company.	









BE THE INSPIRATION

Night	Free Night	
February 12 Tuesday		
7:30 Hrs.	Meeting and breakfast with Rotary Club of San Nicolás de los Garza.	
9:30 Hrs.	"Grutas de García". Visit to Garcia's Caves Park. Enjoy the panoramic view as you ride the popular cable car all the way to the cave entrance. Amuse yourself with its natural monuments and explore its impressive rock formations created more than 50 million years ago.	
Afternoon	Visit to a Rotarian project	
Night	Free night	
February 13 Wednesday		
7:00 Hrs.	Breakfast at host's homes and transfer to the city of San Luis Potosí	
15:00 Hrs.	Lunch at Juan Reyes's Tomatoes Farm. Walk and explanation of the production process.	
19:30 Hrs.	Visit Historical center and Terrace of San Agustín Palace.	
21:30 Hrs.	Dinner at Rotary Host's homes.	









February 14 Thursday		
8:00 Hrs.	Breakfast at host's homes and transfer to San Miguel de Allende and Guanajuato cities. (Meeting at Costco Parking lot).	
11:00 to 13:00 Hrs	Visit San Miguel de Allende Cathedral and walk around main plaza. Arrival to Guanajuato	
	14:30- Lunch at Terra Adentro Restaurant.	
14:30 to 20:00 Hrs	16:30 -Visit Mercado Hidalgo	
	18:00- Walk to Callejón del Beso	
20:00 Hrs.	Callejoneada, Garden Unión.	
21:00 Hrs.	Dinner at Garden Union, Juárez Theatre.	
23:00 Hrs.	Accommodation at Rotarian's homes.	
February 15 Friday		
All day event	Transfer to Mexico city and enjoy program with PRIP Frank Devlyn welcome.	
	Accommodation at Rotarian's homes.	
February 16 Saturday		
All day event	Mexico city program and farewell at the airport.	











El Rey Del Cabrito is a must if you want to try an authentic dish! (Baby goat) Their cabrito is awesome with a lot of meat, not dry, quite juicy!!!



The Magical Town of Santiago, Nuevo León



Fundidora Steel Factory Museum



Government Palace, Monterrey











Monterrey, Nuevo León, México

Monterrey is the capital of the State of Nuevo Leon and is situated 957km. from Mexico City by the Federal Highways 57, 45 and 40 in Mexico.

Monterrey serves as a commercial center in the north of the country and is the base of many significant international corporations. It is one of the wealthiest cities in México, with a GDP PPP of US\$142 billion in 2017. It is considered a beta World City cosmopolitan and competitive. Rich in history and culture.

Our beautiful city is interesting because of its industrial activity.

Monterrey is known for producing:

- Steel
- Glass
- Beer
- Food processing

El Cerro de La Silla (the Hill of the Saddle) is a mountain that looks like a horse saddle is a landmark that symbolizes the State of Nuevo Leon.





Monterrey has a great gastronomic tradition represented by the roasted "cabrito" (barbecued baby goat) and the "machaca" made with shredded dried meat.

Weather in Monterrey

Monterrey is known for its hot weather in summer. Frequently experiences extreme weather changes, for example sometimes reaching 30° C the high or 2° C the low in January and February, despite these being the coldest months.

Dress code

Rotarians in Monterrey are from a friendly and caring ambience, so what we recommend is a "casual" or "business casual" dress code for our event.









Economy

As we offered from the beginning, the Rotary Friendship Exchange has no cost for you nevertheless, if you would like to buy something in Mexico or take souvenirs for your family and friends, we recommend that you convert your local currency into American dollars in your home country and at Monterrey City's Airport you convert them into our local currency that is the MEXICAN PESO.

20.08 MXN (Mexican peso) = 1.00 USD (American dollar)

You could also buy in established commerce (almost everywhere) with your local credit or debit cards, where the charge will apply to you directly into your local currency.

Baggage

Almost every airline will allow you to carry 1 or 2 baggage up until 23 kg each (please verify this data with your airline): we recommend that you travel light, besides you will count with all the support for transportation and hosting of Mexican Rotarians.

Safety

Mexico is a country of loving, hosting and party lover people: there will be no problems with your visit. Rotarians have made a love and friendship effort to accompany you in this wonderful adventure in Mexico. In spite of what you see in some news, you will notice that the Mexican reality is fun, safe and very service-full. Nevertheless, precaution and common sense should be considered.

Material for CLUB's meeting and/or other events.

In a respectful way, we ask that a representative of your D 7080 RFE team could have the amiability of preparing a presentation (in PowerPoint, video or any program of your preference) so all the assistants to this event can learn a little about your country, geography, population and Rotarian life. The conference that you prepare should be planned for having a duration of 5 minutes or, maximum 10 minutes. Besides, it should include experiences that you would like to share about your work for Peace and plans and dreams for the future.





